

# **VZ-FPB Balancing/Docking Plate for the FlowPod**

*The VZ-FPB consists of the mounting plate and a c-clamp*

Using the VZ-FPB is simple, but first you may have to adjust the foam grip on your FlowPod handle. The FlowPod handle has a machined groove near its top that enables you to slip the handle into the u-shaped slot of the VZ-FPB plate, securing the FlowPod for the balancing procedure. You can expose this groove by pushing the foam grip down about 1 inch. Start by pushing down on the top flared section of the foam grip and then working the grip further down by grasping it firmly and pulling downward along the handle.

You must secure the VZ-FPB to a sturdy, flat, level surface (e.g., table or workbench) with either a clamp or bolts. The easiest thing to do is clamp the plate to the table using the supplied c-clamp. Note that the top of the plate has a recessed circle to accommodate the fixed contact pad of the c-clamp. See the picture above.

Once you have secured the VZ-FPB, slide the FlowPod handle into the u-shaped slot of the plate, *but make sure the foam grip has been pushed down far enough so that it won't get pinched in the u-shaped slot*. The handle should drop into the sunken round section at the back of the slot, locking the FlowPod into position. Make sure your FlowPod handle is unlocked and adjust the X-Y assembly so that the camera becomes level (horizontal balance).

**SPECIAL NOTE:** We recommend testing the vertical balance while holding the FlowPod in your hand, because the swinging of the FlowPod and camera could cause one or the other to strike the table. If you choose to test the vertical balance while the FlowPod is mounted on the FPB, please keep your hands close to the unit to prevent any collisions.

The real benefit of using the VZ-FPB is that it will provide a strain-free balancing platform AND you can use it as a docking stand to hold the FlowPod while you're not using it. [www.varizoom.com](http://www.varizoom.com)

